

Attending an appointment at Birkdale Physiotherapy and Sports Injury Clinic
during Covid-19 Pandemic

May 2020

Following our discussion of your presenting problem and completion of the screening re Covid-19, you have consented to the provision of a face to face contact at the clinic.

Please attend for your appointment on your own. If you do need / want to be accompanied, please inform your therapist beforehand so that provision can be made for this. Any person accompanying you should follow the same hygiene / infection control procedures as yourself.

You have been given an appointment date and time. Please do not arrive early at the clinic as you will not be able to gain entry.

Please ensure that you come straight to the clinic from home in recently laundered clothing.

Please ensure that you have washed exposed skin with soap and water for at least 20 seconds immediately before your appointment.

If you have a face mask, please wear it, otherwise a disposable mask will be supplied on your arrival. The cost of the facemask will be added to your consultation fee. (£2)

On arrival, please wait outside until your therapist collects you at the front door.

You will be asked to use hand gel as you enter the premises.

Please do not touch any door handles, work surfaces etc, as you are escorted to the treatment room.

Your therapist will be wearing appropriate PPE (personal protective equipment) as recommended by Public Health England. This will include gloves, apron, mask and possibly visor- this is for your protection as well as the therapist's.

The majority of the assessment will take place at a 2 metre distance, and the 'hands on' intervention will be limited to no more than 15 minutes, in line with current guidelines.

Your therapist can now safely assess and treat you.

Any exercise programmes or other correspondence will be sent out to you electronically or by post.

On completion, you will be asked to pay by contactless card wherever possible, before you leave the treatment room. On exiting the clinic, the therapist will open the doors for you so that you do not touch anything.

You may keep the disposable mask or it can be disposed of safely at the clinic.

Thank you for your co-operation.

DW/AW May 2020